



**Joint Celebration of
Chinese Wushu & Taichi Academy 20th Anniversary
& the Closing Ceremony of
“The Light of Taichi” 2016 Summer Camp**

June 1, 2016 • Kane Hall, University of Washington

Co-hosted by :

**Confucius Institution of the State of Washington
Chen Village Taichi Training Center, China
Chinese Wushu & Taichi Academy**



西雅图·美国

二零一六

The light of Tai Chi

05/27/2016-06/01/2016

summer camp

Seattle

太极之光夏令营

太 极



陈正雷太极

CHEN ZHENGLI TAI-CHI

Program

- I. **Welcome Remarks:** Assunta Ng
Publisher of Northwest Asian Weekly & Seattle Chinese Post
- II. **VIP Speech**
- III. **Introduction of Grandmaster Chen Zhenglei**
--- by Dr. Jun Zhou, Chinese Director of CIWA
- IV. **Keynote Speech:** The Development and Health Benefits of Chinese Tai Chi
--- by Grandmaster Chen Zhenglei; Interpreter: Dr. Jack Yan
- V. **Appreciation Remarks:** Master Yijiao Hong
Chinese Wushu & Taichi Academy LLC



Wushu & Taichi Demonstration

1. **Taichi Silk Reeling**
UW Staff, Faculty and Chinese Wushu & Taichi Academy LLC
2. **Wushu Long Fist and 3 Section Staff**
Chinese Wushu & Taichi Academy LLC and U.S. Wushu Center
3. **Yang Style Taichi Chuan**
"Queen of Taichi" Master Jiamin Gao, U.S. Wushu Center; Guzheng by Ava Yu
4. **Wushu Double Broadsword**
U.S. Wushu Center and Chinese Wushu & Taichi Academy LLC
5. **Chen Taichi Kwan Dao**
Master HaiJun Wang, Chen Village Taichi Training Center, China
6. **Chen Taichi Old Frame Two**
Chinese Wushu & Taichi Academy LLC
7. **Chen Taichi Push Hands**
Master Xiao Ming Xu & Master Byron Hartman, Chen Village Taichi Training Center, China
8. **Chen Taichi Sword**
Master YiJiao Hong, Chinese Wushu & Taichi Academy LLC; Guzheng by Master Bu Yun Chang
9. **Chen Taichi Double Broadsword**
Master Chen Bin, Chen Village Taichi Training Center, China
10. **Chen Taichi broadsword**
Grandmaster Chen Zhenglei Seattle disciples / students: YiJiao Hong, Restita DeJesus, Byron Hartman, Larry Fung, Viola Brumbaugh and Ning Wang
11. **Grandmaster Chen Zhenglei Solo**



- VI. **Presentation of Plaques**

Greetings from Ambassador Luo Linquan
 Consul General of the People's Republic of China
 in San Francisco U.S.A.

May 9, 2016

On behalf of the Consulate General of the People's Republic of China in San Francisco, I would like to extend my warmest wishes to the 20th Anniversary of the Chinese Wushu & Taichi Academy and the Closing Ceremony of the "Light of Taichi" Summer Camp being held on June 1st in Seattle.

Wushu & Taichi is our Chinese National Treasures. In the past 20 years, CWTA has been working diligently to promote these treasures and has made great achievement. "The Light of Taichi" Summer Camp provides a platform of Taichi learning and friendship among all participants. It definitely will be a key factor to strengthen the US-China Sports Cultural exchange.

We wish your academy another great success in the future and continue your role in building the bridge between US and China culture

Sincerely,

Luo Linquan
 Consul General of the People's Republic of China



中华人民共和国总领事馆

贺信

西雅图中国武术太极学院:

欣闻贵院成立 20 周年庆典暨“太极之光夏令营”结业典礼将于 6 月 1 日在西雅图隆重举办, 我谨代表中华人民共和国驻旧金山总领事馆表示热烈祝贺!

武术和太极是中华传统文化的瑰宝。20 年来, 贵院致力于中华传统文化的普及与推广, 积极推动武术和太极在美国的传播和发展, 取得了令人瞩目的成绩。“太极之光夏令营”的举办为广大太极爱好者提供了一个相互学习、取长补短、增进友谊的平台, 必将进一步扩大太极文化的影响, 密切中美体育文化交流。

衷心希望贵院再接再厉, 为扩大武术和太极影响, 促进中美文化交流发挥更大作用!

中华人民共和国
 驻旧金山总领事

二〇一六年五月九日

PATTY MURRAY
 WASHINGTON

United States Senate
 WASHINGTON, DC 20510-4704

June 1st, 2016

COMMITTEES:
 INNOVATIONS;
 SENIORS;
 HEALTH, EDUCATION, LABOR,
 AND PENSIONS;
 VETERANS AFFAIRS.

Yijiao Hong
 Chinese Wushu & Taichi Academy LLC
 709 1/2 S. King Street
 Seattle, Washington 98104

Dear Friends,

Thank you for your invitation to the Joint Celebration of the Chinese Wushu & Taichi Academy 20th Anniversary and the Closing Ceremony of *The Light of Taichi* 2016 Summer Camp. While I am not able to attend in person, I'm with you in spirit and send my best wishes for an enjoyable event.

Founded in 1996, the Chinese Wushu & Taichi Academy continues its commitment to promote health and wellness by teaching Taichi and Wushu to thousands of students in the Greater Seattle area. For twenty years, the Chinese Wushu & Taichi Academy has actively engaged in the community by offering Taichi seminars and workshops to elementary schools, universities, and corporations.

We are also so lucky to host Grandmaster Chen Zhenglei and Master Gao Jiamin here in Seattle for this event. Grandmaster Chen has been an important leader to CWTA over the past two decades, and it will be such a pleasure to see Master Jiamin demonstrate her expertise.

This event reminds us of how fortunate Washington State is to have an active and vibrant Chinese-American community. The more our communities come together and embrace cultural diversity, the more our state will flourish.

Thank you for your invitation. Please accept my best wishes for your celebration.



Sincerely,

Patty Murray
 United States Senator

181 Ruess Senate Office Building
 Washington, DC 20510-4704
 (202) 224-3931

2000 Westlake Avenue
 Suite 500
 Everett, WA 98201-4852
 (425) 236-8176

2000 Jackson Federal Building
 310 2nd Avenue
 Seattle, WA 98104-4003
 (206) 462-3626
 TTY: (206) 462-4168

10 Robert Park Center
 Suite 800
 Spokane, WA 99201-0712
 (509) 474-6616

200 Pacific Avenue
 Suite 500
 Tacoma, WA 98402-4403
 (360) 776-2626

The Mural's Room
 1313 Pacific Street
 Vancouver, WA 98660-2600
 (360) 686-7777

Senator's Reception Center
 1000 Broadway
 Everett, WA 98201-4434
 (425) 236-8176

400 East Yakima Avenue
 Suite 400
 Yakima, WA 98901-1700
 (509) 425-1483

美国参议院
 柏蒂·莫瑞参议员 贺函

敬启者：

恭贺中国武术太极学院廿周年庆典暨陈正雷太极宗师西雅图《太极之光夏令营》结业典礼圆满成功。虽然本人未能抽空亲临祝贺，但也沾染到你们的欢庆氛围。

西雅图中国武术学院自1996年以来一直在本地弘扬与传授武术和太极，历年来数以千计来自各行各业的学员身受其益。

欣闻著名太极宗师陈正雷大师与太极皇后高佳敏师傅出席示范，这将是本州州民的喜讯。本活动再一次证明华盛顿州的多元文化与族裔社区共融，将令本州发展更璀璨美好，欣欣向荣。

柏蒂·莫瑞参议员 敬贺

华盛顿州 英斯利州长 贺函

敬启者：

本人诚挚欢迎来自世界各地参与陈正雷太极宗师主持的西雅图《太极之光夏令营》和出席洪一蛟师傅创办的中国武术太极学院廿周年庆典活动的参与者，及华盛顿大学孔子学院的支持，祝愿各位在今次活动与训练中，取得理想成绩，大会圆满成功。

中国武术太极学院在本州创院二十年，对推广武术太极不遗余力，其培育与训练，强化体能，刚柔相济，对个人自律，自信与自制均有正面的帮助，引证了中国武术与太极具备惠及人类健康的功效。

感谢大家到来共襄盛举，这是华盛顿州的至荣。

英斯利州长 敬贺

JAY INSLEE
Governor



Greetings from the Governor June 1, 2016

I am pleased to extend warm greetings to all of those participating in tonight's joint celebration of the Chinese Wushu & Taichi Academy (CWTA) 20th Anniversary and the Closing Ceremony for the "Light of Taichi" 2016 summer camp.

Sponsored by the Confucius Institute of the State of Washington, this special event will feature exciting demonstrations and will celebrate the work of CWTA, as well as the benefits of practicing martial arts. Over the past two decades, CWTA has taught thousands of Washingtonians Wushu and Taichi practices, which offer a number of benefits ranging from increasing physical strength, flexibility and endurance to developing greater confidence, self-discipline and patience.

I congratulate Grandmaster Chen Zhenglei, Master Yijiao Hong and all of those involved with CWTA and the "Light of Taichi" summer camp on their accomplishments thus far and trust that you will continue to enjoy much success in the years ahead.

Thank you for coming, and please accept my best wishes for a memorable event.

Very truly yours,

Jay Inslee
Governor



P.O. Box 40002 • Olympia, Washington 98504-0002 • (360) 902-4111 • www.governor.wa.gov



Brad Owen
Lieutenant Governor



June 1, 2016

Dear Celebrants:

We are very fortunate to have such a thriving martial arts community in Washington state, one that draws the participation of youth and adults from across our state.

It is therefore my profound honor to congratulate you on this joint celebration of the Chinese Wushu & Taichi Academy's 20th Anniversary, as well as the Closing Ceremony of "The Light of Taichi" 2016 summer camp. Tai chi has been long practiced around the world as a way to develop health and fitness, as well as for self-defense and meditation. At the level of competition that has been demonstrated at the Light of Taichi summer camp and academy, it is demonstrated at an artful level that is similar to watching a fine ballet, with many variations in style and stance.



Lt. Governor Brad Owen

I would also like to take this opportunity to welcome the My Chen tai chi master, Grandmaster Chen Zhenglei of China, as the keynote speaker, and to China National Champion Master Gao Jiamin, also known as the Tai Chi Queen of China.

Congratulations to all of the tai chi masters, enthusiasts and participants, both locally, regionally and from across North America. We are very happy that you have come to take part in this special series of events. Finally, I would like to acknowledge the steadfast support and sponsorship of the Confucius Institute of the University of Washington. I realize it takes a tremendous amount of organizational work to put on such a magnificent event and those that work diligently in the years and months leading up to it are deserving of our high praise.

I trust this will be a great evening of celebration and joy at Kane Hall. Thank you all for your participation.

Sincerely,

Brad Owen
Lt. Governor

President of the Senate
Chairman, Rules Committee

220 Legislative Building
416 Sid Snyder Ave SW
PO Box 40400
Olympia, WA 98504-0400

Phone: (360) 786-7700
FAX: (360) 786-7749
e-mail: Owen.Brad@leg.wa.gov



华盛顿州 欧文副州长 贺函

敬启者：

华盛顿州的武术运动蓬勃发展为本州带来无限动力与生气。本人谨此向中国武术太极学院及陈正雷太极宗师致最高敬意，并为你们六月一日在华盛顿大学肯恩大礼堂举行的太极活动祝捷。

太极是一项世界性运动，强身健体，自卫冥想皆宜。太极动作之美，可焕美西方的芭蕾舞艺。华盛顿州欢迎中国太极宗师陈正雷老师与太极皇后高佳敏师傅莅临，向华州州民展示太极的精湛完美无暇。

本人同时欢迎来自世界各地及全美的太极爱好者借此机会云集于西雅图，共襄盛举，并感谢华盛顿大学孔子学院的场地协助与支持，令活动更显蓬荜生辉。

欧文副州长 敬贺

华盛顿州参议院 第十一立法选区 长谷川参议员 贺函

尊敬的陈正雷宗师与洪一姣师傅，

中国武术太极学院二十周年庆典与西雅图太极之光夏令营结业典礼庆祝活动能成功结合在一起，是一个可遇不可求，非常难能可贵的里程碑，这全是你们对太极不遗余力推广的成果。

中国武术太极学院二十年来成功向华州州民们传递太极文化瑰宝，为大众开启太极强身健体之门。举凡曾跟随你们学习太极者，不论长幼，都会深受太极文化影响而令生活变得更丰盛祥和。

本人谨向陈正雷宗师与洪一姣师傅对华州州民的贡献，深表致谢，祝愿你们透过传授太极，继续为华州州民送健康。

长谷川参议员 敬贺



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Olympia, WA 98504-0411
Web: sdc.wastateleg.org/hasegawa

Washington State Senate
Senator Bob Hasegawa
11th Legislative District

Telephone:
Phone: (360) 786-7616
Hotline: 1-800-562-6000
TDD: 1-800-635-9993
Bob.Hasegawa@leg.wa.gov

June 1, 2016

To Grandmaster Chen Zhenglei and Master Yijiao Hong:

Congratulations on achieving this important milestone, the 20th Anniversary of the Chinese Wushu & Taichi Academy, as well as the successful completion of the "Light of Taichi" camp. It's wonderful that the two celebrations are combined and being recognized together.

The CWTA's service to the city of Seattle and all of Washington for the past 20 years is inspiring. Through your dedication and teachings you have promoted health and wellness, increased cultural understanding and brought very old practices to the new world.

Both children and adults have seen their lives enriched through the work you do in schools, places of work and through your 2016 summer camp. Through your mastery and teachings of Wushu and Taichi practices, you have personally touched the lives of thousands of Washingtonians.

Again, I want to congratulate Grandmaster Chen and Master Hong for your incredible work and thank you for sharing with this state your profound accomplishments. I wish you both continued success for the future.

Sincerely,

Bob Hasegawa

Senator Bob Hasegawa



Committees: Commerce and Labor, Ranking Member • Ways & Means • Rules



STATE REPRESENTATIVE
37th LEGISLATIVE DISTRICT
SHARON TOMIKO SANTOS

State of
Washington
House of
Representatives



EDUCATION
CHAIR
BUSINESS & FINANCIAL SERVICES
TECHNOLOGY &
ECONOMIC DEVELOPMENT

June 1, 2016

Chinese Wushu & Taichi Academy
709 1/2 S King St,
Seattle, WA 98104

Dear Friends:

Congratulations on the 20th Anniversary of the Chinese Wushu & Taichi Academy as well as on the successful completion of "2016 Light of Taichi" summer camp. This auspicious occasion of "double happiness" deserves great applause and appreciation. I am pleased to share my heartfelt wishes of gratitude as well as to recognize the accomplishments of each member of the Academy, past and present. I offer a special warm welcome to Grandmaster Chen Zhenglei, whose contributions to the development and maturation of the Academy is profound.

A respected institution in the historic Chinatown International District of Seattle, the Chinese Wushu & Taichi Academy is a cornerstone of our community. Under the able and energetic leadership of Master Yijiao Hong and others, the Academy provides rich opportunities to thousands of Washingtonians of all ages and backgrounds to learn traditional Chinese martial arts through seminars, workshops, and programs like the "Light of the Taichi" summer camp. In doing so, the Academy serves as a vital cultural bridge to the most cherished and time-honored traditions and practices of China.

Thank you for your role in strengthening our community through the preservation of this noble practice of traditional martial arts. I congratulate you, once again, as you observe your 20th Anniversary of the Chinese Wushu & Taichi Academy and the successful conclusion of the "2016 Light of Taichi" summer camp. May your dedication to the timeless teachings of wushu and taichi continue to touch the lives of generations to come!

Sincerely,

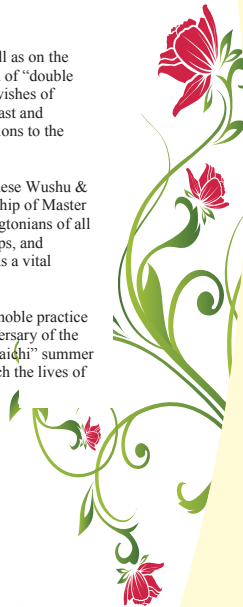
Sharon Tomiko Santos

Sharon Tomiko Santos
State Representative
37th Legislative District



LEGISLATIVE OFFICE: PO BOX 40600 • OLYMPIA, WA 98504-0600 • 360-786-7944
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华盛顿州众议院 第三十七立法选区 沙朗 山度仕众议员 贺函

敬启者：

欣闻中国武术太极学院二十周年庆典与西雅图太极之光夏令营结业典礼的双喜盛事，本人谨在此予以高度赞扬，恭贺各位学员从导师身教薪传中成功学习，取得珍贵的成果，并同时铭谢陈正雷宗师对中国武术太极学院发展的支持与鼓励。

位于西雅图华埠国际区内的中国武术太极学院备受社区尊崇，是社区内的基石与传承中国粹文化的桥梁。在洪一姣师傅与导师们的领导下，学院提供不同课程，讲座等活动包括太极之光夏令营，为无数潜心学习中国武术太极者提供了适当的学习机会，强化社区和谐。

我谨在此再次祝福今次的双喜盛事，圆满成功。期盼你们在华盛顿州继续弘扬中国武术与太极，为华盛顿州州民的未来，缔造更优质健康的生活。

沙朗 山度仕众议员 敬贺

金郡 康士坦丁郡长 贺函

尊敬的陈正雷宗师与洪一姣师傅：

本人热烈恭贺中国武术太极学院成立二十周年庆典盛事，并祝贺西雅图太极之光夏令营圆满结束。

洪一姣师傅自一九九六年开始在本地推广中国武术与太极，经常举办讲座与学习坊，将中国国粹传遍各大，中与小学校园，并自一九九八年开始邀请陈正雷宗师到来主持陈式太极拳的年度讲座。

陈正雷宗师是陈式太极第十九世第十一代传人，自一九七二年开始传授太极，撰写无数资料珍贵的太极书籍与录像，向世界各地推行太极普及化，惠及千万太极爱好者。今晚陈正雷宗师将是晚会主讲者，与大家分享太极与人类健康。另外中国八届太极冠军太极皇后高佳敏会向大家展示她的太极风采。

恭祝各位欢渡一个愉快的晚会！

康士坦丁郡长 敬贺



King County

Dow Constantine
King County Executive

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Seattle, WA 98104

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TTY Relay: 711

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June 1, 2016

Dear Grandmaster Chen Zhenglei and Master Yijiao Hong:

Congratulations on the 20th Anniversary of the Chinese Wushu & Taichi Academy and on the completion of "The Light of Taichi" 2016 Summer Camp.

Since its founding in 1996 by Master Yijiao Hong, the Chinese Wushu & Taichi Academy has worked with thousands of students and offered seminars and workshops in local schools – from elementary school to the university level. Master Hong has also sponsored Grandmaster Chen Zhenglei's annual Chen Style Taichi Seminars in Seattle since 1998.

Grandmaster Chen is a 19th Generation Chen Family who began his teaching career in 1972, and has published many books and videos that benefit Taichi enthusiasts all over the world. As the featured teacher at the "Light of Taichi" 2016 Summer Camp, he will be the keynote speaker at today's celebration, which will also feature a demonstration from eight-time Chinese National Champion Master Gao Jiamin.

My best wishes to you on an enjoyable and enlightening event.

Sincerely,

Dow Constantine
King County Executive



Edward B. Murray
Mayor, City of Seattle

June 1, 2016

Friends,

Welcome to the joint celebration of the Chinese Wushu & Taichi Academy's 20th Anniversary and the closing ceremony of "The Light of Taichi" 2016 summer camp.

Since 1996, the Chinese Wushu & Taichi Academy (CWTA) has served the International District and the entire Seattle metropolitan area through its variety of Wushu and Taichi classes available to all ages and experience levels. The CWTA has fostered a sense of community and promoted wellness through Wushu and Taichi with thousands of students throughout the state of Washington over its proud 20 year history.

Today's keynote speaker will be Grandmaster Chen Zhenglei of China, who has witnessed the development of CWTA through his visits and guidance over the past two decades. The program will also feature eight-time Chinese National Champion Master Gao Jiamin, also known as "the Taichi queen of China." We are delighted to welcome these world-renown professionals to this event and to Seattle.

Seattle is made vibrant and our communities are made strong thanks to organizations such as the CWTA, and we look forward to many more years of growth and success for the academy and its students. Enjoy today's program, and thank you again for joining this celebration.

Sincerely,

Edward B. Murray
Mayor, City of Seattle



西雅图市 莫瑞市长 贺函

敬启者：

本人谨此祝贺中国武术太极学院二十周年庆典暨西雅图太极之光夏令营结业典礼圆满成功，并同时欢迎世界著名太极大师陈正雷宗师与太极皇后高佳敏莅临本市，出席盛会。

自一九九六年开始，中国武术太极学院在大西雅图地区及国际区内传授武术太极二十年，肩负着向社区推广强身健体的责任，成效超卓。陈正雷宗师历年应邀到访，见证了与太极学院与西雅图市的息息相关及其茁壮成长。

西雅图市感谢中国武术太极学院对社区作出的贡献，谨再在此祝贺学院百尺竿头，更进一步，在未来取得更大的成就。

莫瑞市长 敬贺



The Confucius Institute of the State of Washington (CIWA) is the first statewide Confucius Institute. It was established under an agreement signed by the Ministry of Education of China (Hanban), the University of Washington, and Seattle Public Schools in 2009. The Institute is made possible with the support of our partners in China: Sichuan University and Chongqing Municipal Education Commission.

CIWA Office is housed in the Office of Global Affairs, University of Washington as part of a strategy for developing stronger educational ties with China, promoting Chinese language and culture learning across the State of Washington, and strengthening educational and cultural exchange and collaboration between China and Washington. The Confucius Institute Education Center is located in Chief Sealth International High School building in West Seattle. Entering the second 5-year term, CIWA's goals are to increase the pipeline of students entering higher education and the workforce with emonstrated Chinese language proficiency, increase the number of schools and colleges (PK-16) offering Chinese programs, and to increase the number of business employers and employees with demonstrated Chinese language proficiency.

For more information, please visit Confucius.washington.edu.
Email: ciwa@uw.edu

A warm welcome to
Grandmaster Chen Zhenglei
“The Light of Taichi”
 2016 Seattle summer camp
 & Congratulation to
 the 20 years of
 magnificent accomplishment of
Chinese Wushu & Taichi Academy
 under the leadership of
Master Yijiao Hong



Larry Fung
 Titan Electric, Inc.

Direct: 425.250.3430 • Mobile: 206.383.8120 • Fax: 206.374.2128



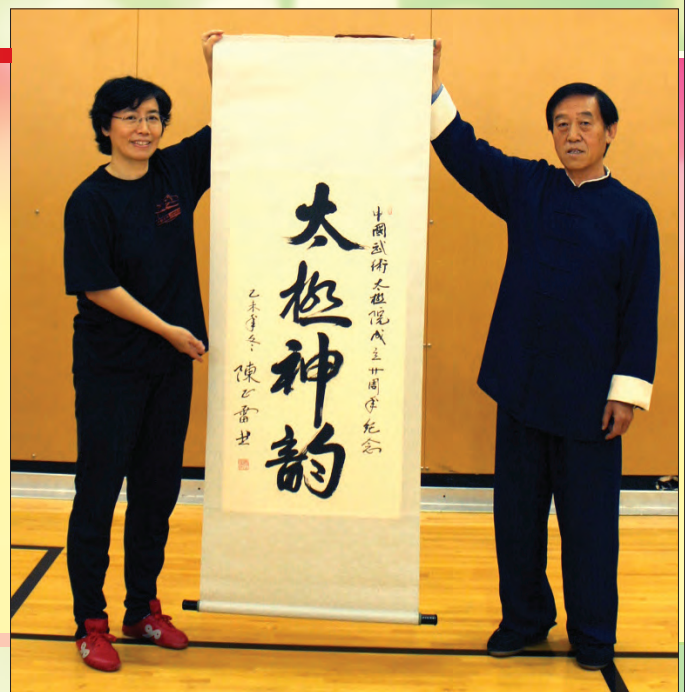
Warmest wishes to the great success of the Joint Celebration of
 Chinese Wushu & Taichi Academy 20th Anniversary
 & the Closing Ceremony of
 Grandmaster Chen Zhenglei “The Light of Taichi” 2016 Summer Camp

The Washington State Chinese Art & Culture Committee
 華盛頓中國文化藝術委員會
<http://www.chinaartandculture.org>



Washington Chinese Art & Culture Committee (WCACC) is a 501(c)3 non-profit organization that strives to foster understanding, friendship and opportunities between local Chinese and American communities and between China and America through art and cultural events, as well as other exchange activities. The volunteer-run organization is operated by professionals from different fields who share the same vision and passion for China/US cultural exchange.

WCACC is the producer of the annual Seattle Chinese Arts & Culture Festival in the Center House of Seattle Center in May or June each year.



熱烈祝賀

陳式太極拳第十一代傳人**陳正雷宗師**
西雅圖二〇一六年太極之光夏日訓練營圓滿成功 暨
令愛徒**洪一姣師傅**創辦西雅圖中國武術太極學院二十週年慶典



術德雙修 自強不息

西雅圖龍崗親義公所 全體仝仁敬賀

熱烈祝賀

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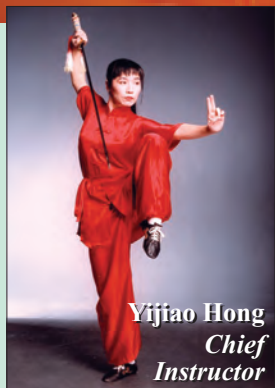
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感恩陈正雷师父师母18年来，几乎每年都来西雅图手把手地教我们太极。--弟子 洪一姣叩恩

The Chinese Wushu & Tai Chi Academy was established by Master Yijiao Hong in 1996. For over a decade, CWTA has fostered thousands of students, teaching them Tai Chi and Wushu. Master Hong has trained students in Wushu and Tai Chi throughout the metropolitan Seattle/Tacoma area. Master Hong also offers seminars and workshops to Seattle area elementary schools, high schools, universities, and corporations.



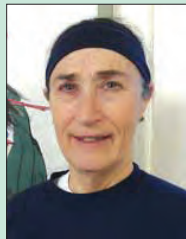
Chief Instructor: Master Yijiao Hong is a 12th generation disciple of Chen Style Tai Chi, studying under Chen family successor and world-renown Grandmaster Chen Zhenglei since 1998. Master Hong and Academy have hosted Grandmaster Chen Zhenglei Tai Chi Seminars in Seattle annually for 18 years. She studied Yang Tai Chi from Yang family successor and world-renown Grandmaster Fu Shengyuan since 1995.



Assistant Instructors



James Guidon



Joan Laage



Larry Fung



Carol Warren

CWTA currently offers classes for Chen Tai Chi and Yang Tai Chi

View class schedule on our website :
www.chinesewushutaichi.com



尊敬的陳正雷大師、尊敬的洪一姣師傅：

接到邀請大函，得悉陳大師的全球弟子雲聚西雅圖舉行盛大慶典，我感到由衷的高興，和萬分的敬佩！並預祝活動取得圓滿的成功！

我們海外的炎黃子孫對於華夏文明和博大精深的中華文化倍感親切和熱愛。太極拳和中醫中藥更是寶庫里面閃爍光芒的瑰寶。這是我們諸聖先賢的寶貴遺產，它源於中國、屬於世界！



每次陳正雷大師撲撲風塵全球推廣太極拳，不辭勞苦，為大家送健康，為大家送來如此精湛的神功，令我十分景仰和由衷的感動。

「國之交，在民相親」，國家的友好在於人民的互相親切往來。陳大師和洪師傅既是文化親善推廣大使又是太極拳的播種人。默默耕耘。中國武術太極學院創立二十年來取得豐碩成果，培育了許多功夫徒弟和太極弟子，也處處體現了「天行健，君子以自強不息」的風範。

作為西雅圖華人，非常歡迎來自世界各地和五湖四海的太極拳愛好者。在這個以拳會友的盛會大家歡聚一堂，互相切磋交流，增進友誼！

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Our Salute to Grandmaster Chen Zhenglei for your life long dedication to Tai Chi & Warmest wishes to Master Yijiao Hong on your CWTA 20th Anniversary

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王宇

Janice Yu Wang

7th generation

Master Degree

第七代中医传人，医学硕士，毕业于Bastyr大学中医针灸中药系，深造于上海中医药大学和四川中医药大学。

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